SOCIAL WELFARE APOSTOLATE
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Report on the distribution of baby's food at BBH, Meluf and Nkar Hospital

Social welfare/ Caritas team on a bid to improve on child nutrition and reduce mal nutrition reach out to children aged 0-5years in different health institutions for the distribution of ready therapeutic food like soya beans milk, Ovaltin, NIDO milk, Nan1 and 2, Keyvey. The team succeeded to reach out to a number of health institutions (Takijah health center, Kumbo Integrated Health Post, Banso Baptist Hospital (BBH), Meluf, Nkar and Shisong hospital. The main objective of this program is to improve child nutrition and to reduce the rate of malnutrition amongst children.

On the 28 January 2021, the team went to **Banso Baptist Hospital** (BBH) to distribute ready therapeutic food to children most especially those who are Mal nourish, disable, and underweight. Educative talks on the hygiene and sanitation practices during the preparation and the proper way to prepare the food for their children were given to them. The team reached out to 99 children. We notice that some of these children belong to teenagers and we selected all the teenage mothers for the upcoming training to train them on gardening and to distribute seedlings to plant that can help them sustain their lives.

On the 30th January 2021, the team visit **catholic Health Center Meluf** for the same program of the distribution of the baby's food. 140 children were reached out with baby's food. In Meluf we noticed there were very few malnourished children but discovered so many children are orphans, single mothers who were really in great need. All the teenage mothers in this community were selected to be trained on how to do market gardening

On the 2nd February 2021 the team went to Nkar Catholic Hospital and reach out to 147 children. We had cases like malnourish children, under weight, children with disability etc.

Distribution was done according to the signs presented by the child because cases of severe malnourish were handled differently.

Challenges faced

- Denial of some beneficiaries to take pictures at the Banso Baptist Hospital
- We could not reached out to everybody at Meluf because the number of people who came to received exceed number targeted

Conclusion

The beneficiaries expressed their profound gratitude to the social welfare/Caritas office in particular and to the Diocese of Kumbo in general.

Pictures



Distribution of ready therapeutic food at BBH



Group picture with the beneficiaries at BBH



Food distribution at Meluf Catholic Health Center



Children received their items at Meluf



Registration of beneficiaries at Nkar hospital



Beneficiary happily receiving her baby's food



Group picture with the beneficiaries at Nkar hospital